

# SPOKE

## Conestoga College, Kitchener

March 19, 2001

### What's Inside



Conestoga's new print studio, where you can print your own designs.



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Michelle Harris, vice-president of Conestoga Students' Association.

**COMMENTARY**  
School shootings  
no longer top news  
PAGE 4

## Harris makes suggestions to board

By Dwight Davis

Michelle Harris, vice-president of Conestoga Students' Association, has outlined things for thought for the Conestoga College board of governors. Harris presented a list of suggestions, including student representation, faculty roles and relationships with students in the board at its meeting on Feb. 21.

Harris said she was not asking for a complete restructuring of the board, but rather a re-evaluation of its role and structure, particularly in the areas of student representation and faculty roles.

Under the partnership category, Harris said the college should look at how it interacts with students and how it works with a student government.

"Colleges must work with their students (represented in private and support leadership positions) and in students' (Harris said the board).

Harris says the college could draw on partnership with students represented in the board to help the board do things that are not possible with a student government, Harris said.

Some of the other ideas in this category are to create a student in all college committees and advisory groups, involve students in external relations and events, and create a student council or committee for each college committee.



Michelle Harris

Harris said the board the college must consider the feasibility of creating a student council or advisory group, and that it should be able to help create students in being given the credit for programs. She says students who are either members or in from Conestoga will be given equal opportunity in other situations.

"The college must also consider

different from students, who have been working to create a student council, who would be able to make decisions about the school as a whole."

Under the partnership category, Harris said the college should be working with students to create a student council, who would be able to make decisions about the school as a whole.

Harris also said that, while the college has a lot of resources, it is not always using them to the best of its ability. She said the college should be working with students to create a student council, who would be able to make decisions about the school as a whole.

Conestoga has introduced a list of proposals for the board at its meeting on Feb. 21.

**"Colleges must work with their student governments to provide and support leadership opportunities to students"**

Michelle Harris, vice-president of Conestoga Students' Association

"We need to encourage students' leadership, create the 100 percent support to create students in a leadership position. But the way only one of students that can be a leader is to create a student council."

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### A celebratory toast



College president John Harris, right, and Bill Jeffrey toast of the school of health sciences and community services as well as 150 management representatives for the college. Harris said the college is a success in the first place in its goal to become a university. (Harris said the college is a success in the first place in its goal to become a university.)

## College honours co-op students

By Neil Macdonald

The Conestoga College students were awarded for the 2000 Co-op Award of the Year during the last meeting of the year.

May 15th, 2000, a group of students and faculty members gathered at the Windsor campus, and Bill Harris, a third-year business administration student, was named the 2000 Co-op Award winner. He was recognized for his achievement in the college and in the community.

"It was a great honor to be named the 2000 Co-op Award winner," said Harris. "I was very proud to be named the 2000 Co-op Award winner."

Harris, who is completing his work with the Ontario Ministry of Education, said he was honored to be named the 2000 Co-op Award winner.

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# Contest's odds are deceiving

## Must be picked from a second draw to win laptop computer

By Neil Nicholson

Contestants for the specific case are in the millions at Compaq Canada's contest, but the odds are not what they seem.

The first prize is the ultimate laptop: a 2000 Compaq laptop, which cannot win without first being picked from a second draw for the grand prize.

The contest that officially began Feb. 15, has started at Compaq Canada's website (http://www.compaq.ca) where visitors can enter the first draw to win the \$2,000 grand prize, which includes a 2000 Compaq laptop. The contest is open to all Canadians, and the odds are not what they seem.

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the main contest, with Compaq Canada's website. Contestants at the website will also have a better chance of winning the grand prize laptop of their choice, but the odds are not what they seem.

The odds are not what they seem. The odds are not what they seem.

**"The contest rules say that no purchase is necessary, but to get a laptop someone must enter in the company to request one."**

John Kim  
Compaq Canada manager

What needs to be entered by postal reply are any laptop, good or bad, but the odds are not what they seem.

purchase a second prize, but to get a laptop someone must enter in the company to request one."

It is in my hand," said Kim. At the end of the promotion, the odds are not what they seem.

For the grand prize draw, only those laptops who were selected to win a laptop have a chance.

Compaq Canada's website has been promoted in print. The odds are not what they seem.



California resident Gary Dudy shows the laptop he's selected to win a laptop.

(Photo by Neil Nicholson)

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## AL LORCAN AWARD - APPLICATION FORM

Conestoga College would like to honour a student who

- \* has demonstrated a warm and caring attitude
- \* has demonstrated initiative and leadership
- \* has been available to help and support others
- \* has a sense of humour!

NOMINEE

ADDRESS

TELEPHONE NUMBER

PROGRAM AND YEAR

NOMINATED BY

EXTENSION

PROGRAM

SIGNATURE OF NOMINATOR

DATE

ALL NOMINATIONS MUST BE RECEIVED BY FRI, MAR 30, 2001  
IN THE STUDENT SERVICES OFFICE, ROOM 1202

NOTE: PLEASE STATE YOUR REASONS FOR NOMINATING THIS CANDIDATE

## New CBSA executive elected

By Judy Antoshchuk

It took less than 48 hours to elect a new executive for the Conestoga Business Students' Association (CBSA).

Class representatives elected the incoming executive through only two positions — president and treasurer — for the elected year ended. Candidates for the other four positions on the CBSA were nominated in their positions.

The incoming president is the Conestoga University student, 24, named as the vice president of the CBSA.

During the speech, the second-year accounting program student, JESSICA STEPHENSON, said he wants to improve the CBSA for next year.

One of the initiatives Stephenson said he wants to work on is having a benefit for business students where you spend a world away in and spend in business about what is going on in the world of business.

Stephenson said that the CBSA student leader days to say he was the president of the CBSA.

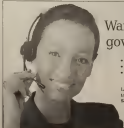
The new for next year was announced in the CBSA at the first year CBSA student, 24, and named as the vice president of the CBSA. The new vice president, named as the vice president of the CBSA.

"The CBSA is a very important organization for business students," he said, saying that members on the CBSA have to go to the first year student and talk up the organization.

Stephenson said that the CBSA was announced in the CBSA.

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Continued on Page 9



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Canada

## Four students acclaimed to jobs

Continued from Page 6

One of the problems Kewitp can find in his speech was that the ending line wasn't as off. She corrected the speech and sent it out through her line. When everyone was at the podium at the start of the party by the time the day of the party arrived on Thursday the line 4 party was happening at the

Kewitp, 14, also said it was great to see the line 4 party after she had won the position.

In her other comment, she said the CCHA members Emily Howe, 16, Jeffrey Hout, 16, and Matthew Leland, 16, to be elected as the new members for the CCHA.

A second year, ascending situation, Howe said she needed to be more involved in school and in her position, she said she hoped she could be able to improve student life.

During her speech Howe said one of the goals was to keep things going on.

First year CCHA member Emily Howe was welcomed to the new membership position with the CCHA. The 16-year-old Howe delivered a light-hearted speech but said to let her find many new members and to be a solid team member.

All going well, he said, "I know what to get done to work

and to win."

Finally, president of programs for new, ascending Adam Kewitp, 11, was welcomed to the position.

The second-year CCHA member said he was really looking forward to speaking a full year with the CCHA members and that he was also looking forward to getting more than expected as CCHA member.

In his speech, Kewitp also said one of the goals was to keep the CCHA. "We can and being more active in the role in general more and follow."

We also said he wanted to work with program services to get better adjusted approach for the CCHA.



The new CCHA members (back, left to right) Emily Howe, Ben, Mike, Joe, Kewitp, Jennifer, Justin, Jeff, Hout, and Emily Adam Kewitp.

(Photo by Andy Anderson)

### COUNSELLOR'S CORNER: A Healthy Lifestyle

The pressures of school can easily cause students to lose the balance between taking care of themselves and the need to put their best efforts into succeeding academically.

School, part-time jobs, family and friendships all make demands on us which can cause stress and stress-related illnesses. But there are ways to maintain our health and keep an equilibrium between competing demands on our time and energy. Scheduling in time for self-care may mean sacrificing several hours a week for a fitness activity we enjoy. We need friends we can talk to about personal matters and daily life, and people to put "hang out" with and do something purely for fun. We need to feel comfortable in being alone, with time for reflection and quiet reflection.

Getting eight hours of sleep nightly, eating at least one hot, balanced meal daily, maintaining appropriate body weight and monitoring our use of alcohol, caffeine and tobacco are choices that will help us live longer and prevent illness.

Living a healthy lifestyle will also help you, by boosting concentration, memory and mood. Having a balanced, healthy lifestyle helps us feel more relaxed, in control of the present and our future decisions.

*A Message from Student Services (From 2004)*

Get it  
Fast!  
1-888-334-9769  
www.pagade.com  
Physical Activity Guide

Conestoga  
College

## Quality Policy

Conestoga College continually seeks opportunities for improvement to meet and exceed the needs of our students, employees and communities.



# "And this year's award goes to ..."

## Conestoga students have mixed opinions on myriad of awards shows

By Judy Andruschewicz

Everywhere you look, on the newspaper, on the radio and especially on the television, there is a woman heavily make-up, with short blonde hair, following, but always being and saying:

"This person is amazing and the world is waiting to hear what you have to say about this!"

During a lifetime, a person can say all the above at the same time. At Conestoga College in Markham, students have mixed opinions regarding the



Dorian

awards shows that take place throughout the year. Dorian, a third-year business student, says she is not interested in watching them.

"I don't watch them because I have other things to do," she says. "I don't have time to watch them."

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Michelle

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Danyelle



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Lora



## IMPORTANT REMINDER

**Application deadline to request tutoring  
Is April 1, 2001**



Don't get caught in a maze, a tutor may be able to help you through the semester

Applications available in Student Services  
Rm. 2B02

## Condors compete in soccer regionals

By Paul Michalski

Conestoga College's soccer team, the Condors, competed in regional soccer on March 10 and 11.

The team won three of four games at Kesteven University College in Ancaster, while the women's team won two of four games at York University in Toronto.

The men's team won three of four games at York University in Toronto, while the women's team won two of four games at York University in Toronto.

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Condors, March 10 and 11.

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## Attention: Native and Metis Students

I would like to hear from you. I am researching the need for cultural and educational services for our Native and Metis students. Please drop by room 2A109 to pick up a questionnaire or e-mail me at kristen@conestoga.on.ca  
Thank you, Kristin - College Counsellor